

Cooking *With* *Audrey*

by

Audrey White

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Audrey returns with her third installment—*Cooking with Audrey*. She is the author of two other cookbooks entitled *Angel's Sweet Tooth* (1999) and *Vegetarian Recipes for Busy People* (2002). This time she is serving up contemporary cuisine for food enthusiasts, both vegans and vegetarians alike. Although it's not easy to adopt a healthy lifestyle overnight, *Cooking with Audrey* challenges its readers to create simple, nutritional, budget-conscious meals. This book offers a myriad of recipes, including: spicy marinades, hearty soups, mouth-watering entrees, and flavorful desserts. However, special efforts were taken to keep them tasty with a hint of southern charm. This second impression of *Cooking with Audrey* contains 207 recipes, which is 24 more than the original book contained.

Be prepared to enjoy each mouthful you take! Inspirational quotations and Bible passages are given for your encouragement.

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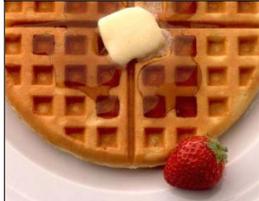


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* Ingredients with this asterisk may be purchased at health food stores

Acknowledgement

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May God richly bless each and every one of you!

Audrey White

“...Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s.”

I Corinthians 6:19-20